

## What is Telehealth?

Telehealth is health care provided in your home or close to home. It changes the location where health care services are routinely provided. VA Providers and patients can meet for health services **without physically being in the same place.** It's not only about the technology...

New technologies such as telehealth help **improve health care services.** For technology to be effective and meaningful, it must work for the people it is meant to help – Veterans and the VA Providers.

### Telehealth at VA Butler Healthcare

helps ensure you get the right care in the right place at the right time – and aims to make your home into the preferred place of care, whenever possible.

*“Technology...is the mother of civilizations, of arts and of sciences.”*  
Freeman Dyson

**To learn more** about the Telehealth program, talk with your health care team at VA Butler or call VA Butler's Telehealth Coordinator at 724.477.5037. Visit [www.telehealth.va.gov](http://www.telehealth.va.gov) for more information.

## VA Butler Healthcare

*...providing quality health care  
to our nation's Veterans*

### ARMSTRONG COUNTY VA OUTPATIENT CLINIC

Klingensmith Building  
313 Ford Street, Suite 2B  
Ford City, PA 16226  
724.763.4090

### CLARION COUNTY VA OUTPATIENT CLINIC

AC Valley Medical Center  
855 Route 58, Suite One  
Parker, PA 16049  
724.659.5601

### CRANBERRY TOWNSHIP VA OUTPATIENT CLINIC

Freedom Square  
1183 Freedom Road, Suite A101  
Cranberry Township, PA 16066  
724.741.3131

### LAWRENCE COUNTY VA OUTPATIENT CLINIC

Ridgewood Professional Centre  
1750 New Butler Road  
New Castle, PA 16101  
724.598.6080

### MICHAEL A. MARZANO VA OUTPATIENT CLINIC

295 North Kerrwood Drive, Suite 110  
Hermitage, PA 16148  
724.346.1569



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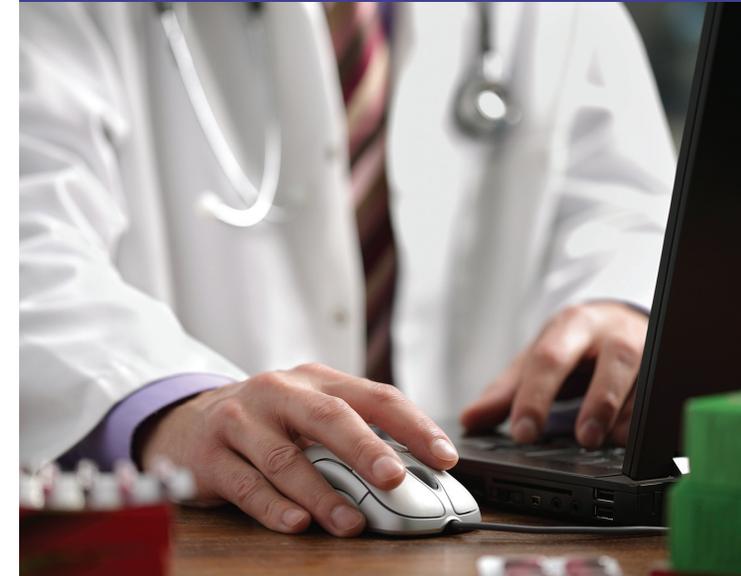


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form 529Telehealth published 11-11



## Telehealth



**The right care in the right  
place at the right time**

**VA Butler Healthcare**

**325 New Castle Road**

**Butler, PA 16001**

**800.362.8262**

**724.287.4781**

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# Telehealth at VA Butler Healthcare

## VA Butler Healthcare provides three types of Telehealth:

- 1) Store-and-Forward Telehealth (S&F)
- 2) Home Telehealth (HT)
- 3) Clinical Video Telehealth (CVT)

## Store-and-Forward Telehealth (S&F)

S&F Telehealth is digital images, video, audio, and clinical data that are captured and **“stored”** then transmitted securely (forwarded) to a medical facility at another location **where they are studied by specialists**. For example, Telederm at VA Butler Healthcare is a Store and Forward (S&F) program. This process includes taking a digital picture and uploading it to a consult that is then sent to the dermatology clinic at VA Pittsburgh Healthcare System. A dermatologist looks at the picture and recommends treatment and/or follow-up. This often eliminates the need to make a trip to Pittsburgh.



## Clinical Video Telehealth (CVT)

CVT is a telecommunications link that allows for **instant interaction** between you and your provider or even two VA Providers, typically **via videoconferencing**. The CVT Program provides an option for you at **VA Outpatient Clinics** to have video communications with VA Providers physically located at VA Butler via a web cam and video technology. This program provides the same level of care for you at VA Outpatient Clinics as you receive at VA Butler Healthcare and **saves you both time and money** traveling to and from VA Butler for appointments.

The following programs are currently provided through CVT:

- ★ Mental Health
- ★ *MOVE!*
- ★ Post Traumatic Stress Disorder
- ★ Smoking Cessation
- ★ Substance Abuse groups
- ★ Anticoagulation at VA Outpatient Clinics
- ★ Nutrition

## Home Telehealth (HT)

HT is “remote monitoring telehealth” where telehealth technologies are used to communicate health status and capture and transmit data. **Devices are placed in your home**, typically if you have a chronic diseases such as diabetes, heart failure, chronic pulmonary disease, depression, post traumatic stress disorder, weight management etc. and these conditions are **monitored by care coordinators**.

The HT Program involves facility-based care coordinators, home monitoring equipment, and telecommunications to promote your health, particularly if you have high-risk, chronic diseases. It helps you **manage your disease** and **avoid complications** that might lead to hospitalization or permanent long-term care placement.