

# VA Butler Healthcare MENTAL HEALTH SERVICES



VA Butler's Center for Behavioral Health (CBH) is ***a treatment resource for Veterans struggling with a wide range of emotional, readjustment and behavioral health issues***

## Domiciliary (Dom) Residential Rehabilitation

VA Butler's 56-bed Domiciliary is a residential facility on VA Butler's main campus for eligible male and/or female Veterans who may be dealing with issues such as homelessness, mental health, substance abuse and unemployment. The Domiciliary provides a residential, rehabilitative, therapeutic community with a goal of successfully reintegrating Veterans back into the community.

## Outpatient Substance Abuse

If you are struggling with alcohol, tobacco, or drug use (this can include use of street drugs as well as using prescription medications in ways they weren't prescribed), effective treatments are available for eligible Veterans at VA Butler. Treatment options include therapy, either alone with a VA therapist or in a group, as well as medications to help Veterans refrain from alcohol, tobacco and drug use.

## Military Sexual Trauma (MST)

VA Butler provides free, confidential counseling and treatment to male and female Veterans for mental and physical health conditions related to experiences of MST. You are not required to be service-connected and may be able to receive this benefit even if you are not eligible for other VA care. You do not need to have reported the incident when it occurred or have other documentation that it did occur.

## Post-Traumatic Stress Disorder

Post traumatic stress disorder is a normal reaction to a traumatic or life-threatening experience. Strong emotions caused by the event can cause changes in the brain that may result in PTSD. Treatment is available to help you recover. PTSD treatment options may include: Psycho-education classes, coping skills building, individual and group therapies, medication, and/or evidenced-based treatments.

## Suicide Prevention

The Veterans Crisis Line connects Veterans in crisis and those who care about them with immediate services from qualified, caring VA responders through a confidential toll-free hotline, online chat, or text message. Veterans and their loved ones can call **800.273.8255** and **Press 1**, chat online, or send a text message to **838255** to receive confidential support 24 hours a day, 7 days a week, 365 days a year.

## Social Support Services

Social workers are available to help Veterans find resources to meet their needs within VA and in their community including: home health, legal, transportation, and community living resources and services.

- **Homeless Veterans**, if you have lost your home or employment, there is hope. Options are available including; health care treatment, employment and job training, and housing support services for eligible Veterans.
- **Women Veterans**, comprehensive health care services are available in a discreet and private setting. Coordination of support services for female Veterans including medical care, mental health treatment, and violence and abuse counseling are also available.
- **Returning Service Members**, combat Veterans receive cost-free medical care for any condition related to your service in Iraq/Afghanistan for five years after the date of discharge or release, and may be eligible for one-time dental care if applied for within 180 days of separation date from active duty.

**Vocational Rehabilitation** assists Veterans to prepare for, find, and maintain suitable jobs. Employment services such as job training, employment-seeking skills, resume development, and other work-readiness assistance is available for Veterans to achieve their employment goals.

**Caregiver Support** is available both in and out of the home. Family Caregivers of a Veteran who was injured post-9/11, may be eligible for additional VA services such as a monthly payment, travel expenses while accompanying Veterans undergoing care, mental health services, and more.

**Visual Impairment Services** include eligibility and enrollment assistance, training and rehabilitation assessment, support and adjustment counseling for Veterans and their families, complete eye examinations, low vision evaluations, and a VIST support group.

***For more information about Mental Health Services at VA Butler, contact VA Butler's CBH at 800.362.8262, ext. 5039, or visit [www.butler.va.gov/services/Behavioral\\_Health.asp](http://www.butler.va.gov/services/Behavioral_Health.asp)***