

FRONT & CENTER

Providing News to Our Veterans

October 2012



RESTORING HEALTH

Richard Easley, who will be celebrating his 75th birthday this December, served in the 82nd Airborne Division of the U.S. Army as an expert mortarman. “It was one of the greatest experiences,” he said. He started coming to

VA Butler Healthcare after he was discharged, given a disability rating for hurting his leg in a parachute jump.

“Other Veterans need to come to VA; I’ve been coming to VA Butler Healthcare since 1958, and I’ve always had good care,” said Richard. He comes to VA Butler for annual exams with his VA doctor and receives all of his medication through the VA, but perhaps what he is most familiar with is VA Butler’s Physical Medicine and Rehabilitation Department.

VA Butler provides full service rehabilitation for enrolled Veterans. Services range from artificial limb training and joint replacement therapies to

hand therapy and stroke recovery. A multidisciplinary team of physicians, nurses, social workers, and rehabilitative staff work together to return Veterans to the optimal independence in daily living while promoting and restoring their health.

Richard benefitted from physical therapy at VA Butler on multiple occasions, once preventing a surgery, and later as follow up therapy for knee surgeries.

“The staff were all great, no matter who is taking care of you, they know everything you need to do,” said Richard. “I have finished up my physical therapy at VA Butler, but I am still doing my own exercises – the same

exercises they taught me I do every day at home now.”

Physical therapy at VA Butler provides Veterans both inpatient and outpatient therapeutic treatment to reduce pain, inflammation, and movement restrictions – including heat/cold treatment, ultrasound, whirlpool, massage, etc. Therapeutic exercise programs restore function and provide pain-free movement, maximize mobility and promote safety and independence.

To learn more about VA Butler’s Physical Medicine and Rehabilitation services, Veterans may talk with their health care team, or call 800.362.8262, ext. 5047. ★

“I’ve been coming to VA Butler Healthcare since 1958 and I’ve always had good care.” *Richard Easley, U.S. Army Veteran*

THIS MONTH IN HISTORY...OCTOBER

- 2** Scientists announce findings that smoking can cause cancer (1964)
- 3** The U.S. Army adopts airborne (or parachute) soldiers. [Airborne troops were later used in World War II for landing troops in combat and infiltrating agents into enemy territory] (1940)
- 13** The Continental Congress authorizes construction of two warships, thus instituting an American naval force (U.S. Navy) (1775)
- 19** The first doughnut is fried by Salvation Army volunteer women for American troops in France during World War I (1917)
- 28** The Statue of Liberty, originally named Liberty Enlightening the World, is dedicated at Liberty Island NY by President Grover Cleveland (1886)



OCTOBER IS NATIONAL PHYSICAL THERAPY MONTH

This month-long celebration highlights the importance physical therapy plays in helping people decrease pain, improve mobility, and engage in healthy lifestyles. Physical therapy at VA Butler provides Veterans with therapeutic treatment to reduce pain, inflammation, and movement restrictions. For more information, call 800.362.8262, ext. 5047



OCTOBER FLU CLINICS AND HEALTH FAIRS

The single best way to protect against the flu is to get vaccinated each year. VA Butler Healthcare is offering health fairs with flu vaccinations to Veterans at the main campus and other community locations this month. For more information, call 724.285.2223.

October 3, 2012 • 10am - 2pm

VFW #2145
603 Liberty St, Clarion, PA 16214

October 5, 2012 • 10am - 1pm

Hempfield Station One Banquet Center
28 6th Ave, Greenville, PA 16125

October 10, 2012 • 10am - 2pm

Clarion County VA Outpatient Clinic, AC
Valley Medical Center
855 Rte 58, Foxburg, PA 16036

October 13, 2012 • 9am - 3pm

(flu clinic only)
VA Butler Healthcare
Primary Care Clinic
325 New Castle Rd, Butler, PA 16001

October 16, 2012 • 2pm - 6pm

VA Butler Healthcare
Bldg 1, Auditorium
325 New Castle Rd, Butler, PA 16001

October 17, 2012 • 3pm - 7pm

VFW #128
179 Virginia Ave, Rochester, PA 15074

October 19, 2012 • 9am - 12pm

Grove City College
Physical Learning Center
100 Campus Dr, Grove City, PA 16127

October 23, 2012 • 10am - 2pm

Allegheny Hills Retirement Residence
421 Kelly's Way, East Brady, PA 16028

October 25, 2012 • 10am - 2pm

Belmont Complex
415 Butler Rd, Kittanning, PA 16201

October 31, 2012 • 10am - 2pm

Lawrence County Government Center
Lower Level
430 Court St, New Castle, PA 16101

NEW BUTLER COUNTY VETERANS TREATMENT COURT



VA Butler Healthcare and the Butler County Court recently signed a Memo of Understanding (MOU)

to begin a new Veterans Treatment Court (VTC) in Butler County. The goal of Veterans Treatment Courts is to divert Veterans with mental health issues and homelessness from the traditional justice system and to give them treatment and tools for rehabilitation and readjustment.

In addition to the many Veterans Treatment Courts nationwide, VA also has a national program that provides direct services to justice-involved Veterans called Veterans Justice Outreach (VJO). VA Butler's VJO program, which has served almost 700 Veterans since 2009, connects justice-involved Veterans with the VA treatment and other services that can help prevent homelessness and facilitate recovery. For more information, visit www.va.gov/homeless/vjo.asp or contact VA Butler's VJO Coordinator at 800.362.8262, ext. 2240. ★



THINK PINK! October is National Breast Cancer Awareness Month, and October 19 is National Mammography Day. VA Butler Healthcare encourages all women Veterans to talk with their VA doctor about appropriate breast cancer screenings, such as regular mammograms.

Learn more about women Veterans health care at www.womenshealth.va.gov or call VA Butler's Women Veterans Healthcare Program Manager at 800.362.8262, ext. 2756. ★

We want to hear from you!
Email amanda.kurtz2@va.gov or lauren.heiger@va.gov to share your story with us!

EVENTS

4 October Podcast • VA Pharmacy Services

Thursday, Oct. 4 • 12-12:30 pm
Call in: 724.444.7444 (Call ID: 85029)

11 3rd Annual Recovery Recognition Day

Thursday, Oct. 11 • 1 pm
VA Butler Healthcare Auditorium

13 Lawrence County Veteran Stand Down

Saturday, Oct. 13 • 10 am-4 pm
Cascade Park Pavilion, New Castle PA

13 Walk with a Veteran for Cancer Awareness

Saturday, Oct. 13 • 1 pm-3 pm
VA Butler Healthcare Auditorium



800.362.8262
724.287.4781



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