

LIVING Better

A VA Butler Healthcare Quarterly Magazine

fall 2013



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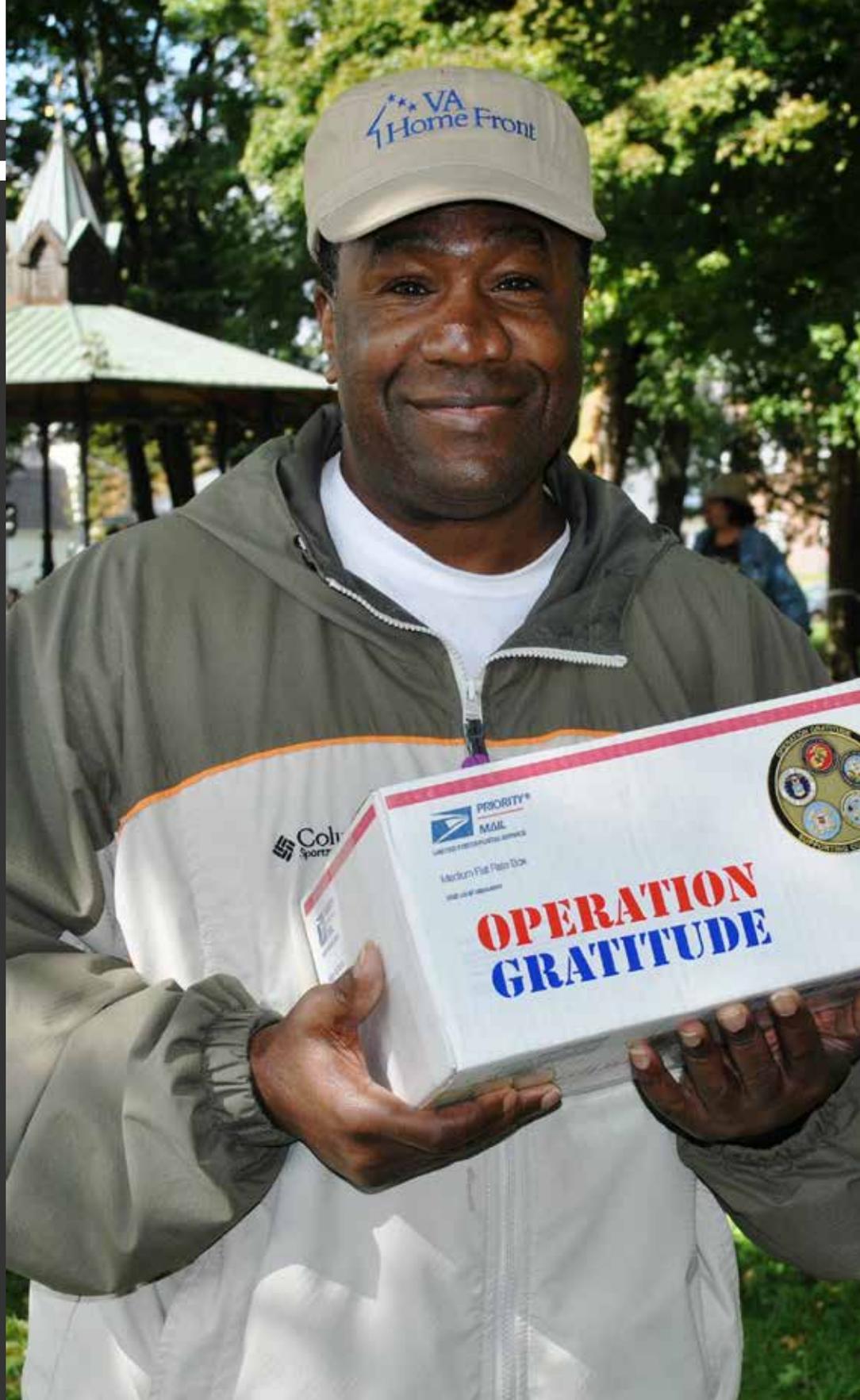
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VA BUTLER HEALTHCARE'S
FALL HIGHLIGHTS



1 VA Butler Healthcare's Diabetic Support Group hosted its annual Thanksgiving luncheon.

2 Navy Veteran Joseph Savannah played the accordion along with friend Denis Geibel during the Mental Health Creative Arts Event during Mental Illness Awareness Week.

3 U.S. Air Force Veteran Doug Robertson handed out information about the Veterans Crisis Line during VA Butler Healthcare's first Mental Health Summit.

4 VA Butler Healthcare staff, volunteers, and Veterans participated in a Pink Out in October to show support for National Breast Cancer Awareness Month.

5 VA Butler's Hospice team sponsored the annual *Walk with a Veteran* for Breast Cancer Awareness in October to help raise awareness and support for breast cancer.

6 Army Veteran and POW John Kozlozsky was one of many local Veterans honored at VA Butler's Annual POW/MIA Ceremony this fall.

7 U.S. Marine Corps Veteran Eric Walker accepted his certificate and thanked VA staff at the Fourth Annual Recovery Recognition Ceremony.

8 VA Butler Director John Gennaro got his flu shot, *did you?* VA Butler hosted over 20 flu clinics this fall at the main facility, outpatient clinics, and community locations.

9 VA Butler Healthcare participated in two Stand Down events, Armstrong County and Lawrence County, to help end Veteran homelessness.

cover photo

U.S. Army Veteran David Dent at this fall's Armstrong County Veterans Stand Down.



Dear Veterans, fellow employees, volunteers and friends of VA Butler Healthcare,

This fall we focused on improving access and enhancing services for Veterans needing and receiving mental health services through a Mental Health Summit, Recovery Recognition Ceremony, Mental Health Creative Arts Event, and two Stand Down events. We also hosted over 20 flu clinics and health fairs and continue to encourage Veterans to get a flu shot! With some cold winter months headed our way, we wish everyone a safe and healthy holiday season – and we thank you for your service and support. Our goal remains steadfast...we continue Making Lives Better every day for our Veterans.

John Gennaro, Director

C O N T E N T S

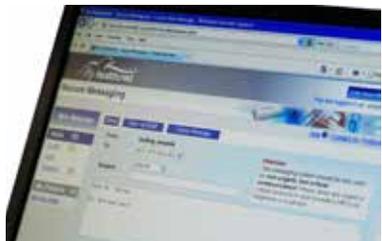
Fall 2013



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A Two-Day Transformation

Eighty-six Team Depot volunteers worked over two days to create some outdoor transformations at VA Butler Healthcare's Community Living Center.



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10 Years and 10,000 Veterans

My HealthVet celebrated 10 years of online access this November. All Veterans, Servicemembers and employees are encouraged to enroll or upgrade today at www.myhealth.va.gov.



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Congratulations Graduates

VA Butler celebrated the one year milestone of the Butler County Veterans Treatment Court – and held a graduation ceremony for the first three Veteran graduates of the program.



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Health Tech, Tips, & Tastes

What's new and interesting in VA's health technology? Find out! Also enjoy a health tip and tasty fall recipe.

and more...

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U.S. Army Veteran Gary Cratty cut the ribbon to celebrate the completion of four outdoor projects by Keep Pennsylvania Beautiful/the Home Depot Foundation in September.

Keep Pennsylvania Beautiful was awarded a grant from The Home Depot Foundation for its Ohio Valley Region VA Hospital Community Beautification and Greening Project.

Keep Pennsylvania Beautiful worked to revitalize outdoor green spaces at VA Butler Healthcare, including the patio off the Roosevelt Room, the patio across from the Roosevelt Room, the picnic pavilion, and the green space off the atrium.

“We’re excited about these new, transformed spaces for our Veterans,” said Community Living Center Program Manager Sharon Boyle. “Our Veterans deserve the best – and these new features provide our Veterans with beautiful outdoor space to enjoy during their stay with us.”

A total of 86 Team Depot volunteers worked over two days to create some outdoor transformations at VA Butler Healthcare’s Community Living Center. Two wheelchair gardens, Trex furniture, paver benches, paver-built permanent outdoor grills, planters, outdoor light fixtures, outdoor ceiling fans, plantings and rubber mulch, and a large deck were created and installed in just two days!

VA Butler’s Community Living Center (CLC) has undergone quite the transformation the past few years. In fall 2011, construction phases one and two of the new CLC were completed and 30 Veterans moved into the new space. In

www.butler.va.gov/

A Two-Day Transformation

New Outdoor Green Spaces for VA Butler's Community Living Center

summer 2012, the new CLC atrium (similar to a sunroom) was completed. The atrium is 1,500 square feet of interior space, accented by four separate skylights to provide an outdoor ambiance while maintaining climate control for Veteran residents. And now, with the completion of the new outdoor green spaces thanks to Keep Pennsylvania Beautiful/the Home Depot Foundation, VA Butler's CLC provides an even more

enjoyable stay for Veteran residents.

With the final phase of CLC construction well under way, the new, finished CLC will soon be home to 60 Veterans, all with their own private rooms equipped with Internet access and a private bath. Stay tuned as we finish up this exciting project for our Veterans in early summer 2014.★



About Keep Pennsylvania Beautiful

Keep Pennsylvania Beautiful's mission is to empower Pennsylvanians to make our communities clean and beautiful. Since 1990, Keep Pennsylvania Beautiful and its volunteers have removed over 97 million pounds of litter from Pennsylvania's roadways, greenways, parks, forests and waterways. To learn more about Keep Pennsylvania Beautiful, visit www.keppabeautiful.org.

About The Home Depot Foundation

The Home Depot Foundation is dedicated to improving the homes of U.S. military veterans through financial and volunteer resources to help nonprofit organizations. The Foundation has committed \$80 million to these efforts over five years. To learn more and see associates in action, visit www.homedepotfoundation.org.

10 Years and

10-Year Anniversary of VA's My HealtheVet

VA celebrated 10 years of online access for Veterans through My HealtheVet – VA's personal health record – November 11, 2013. VA Butler Healthcare also celebrated an important milestone this year—over 10,000 Veteran MyHealtheVet users. VA Butler marked these two momentous occasions by spreading the word about the benefits of My HealtheVet Personal Health Record (PHR) features such as VA Prescription Refill, VA Notes, VA Blue Button, and secure messaging with VA health care providers.

Throughout the month of November, VA Butler Healthcare and its VA My HealtheVet

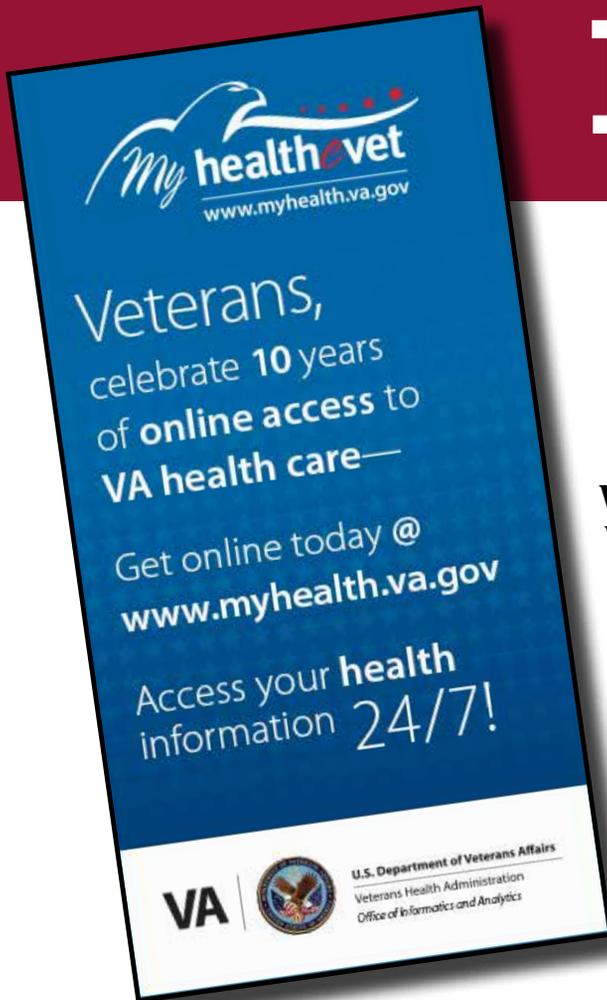
Coordinator joined all 151 VA medical centers to showcase how My HealtheVet contributes to more informed and more engaged Veteran patients. VA continues to build its My HealtheVet online PHR adding new online tools and features, and VA Butler Healthcare's My HealtheVet Coordinator is geared up to accept new My HealtheVet enrollees throughout the year.

"VA Butler Healthcare invites all Veterans and Service members to get online to become active partners in their health care. We know that online access with My HealtheVet and its features works to improve health outcomes," explained Lauren Heiger, VA Butler's My HealtheVet Coordinator.

"We are encouraging Veterans, Servicemembers and their loved ones—and everyone—to get online at www.myhealth.va.gov throughout the year," she added. "My HealtheVet offers

a flexible and convenient way for them to become active partners in their health care and well-being."

My HealtheVet is VA's award-winning website that offers Veterans secure access to portions of information in their VA health care records anywhere and anytime. Its web-based tools give users greater control over their care and wellness. In addition to allowing Veterans access to their records, My HealtheVet lets them save, print and share their health information using the VA Blue Button, refill VA prescriptions online and track their health activities, among other functions. Veterans who upgrade their accounts can opt in to secure messaging to communicate electronically with their VA health care teams between visits, and can also view VA appointments, get VA wellness reminders, access VA lab results and more. There is no charge to upgrade.



10,000 Veterans

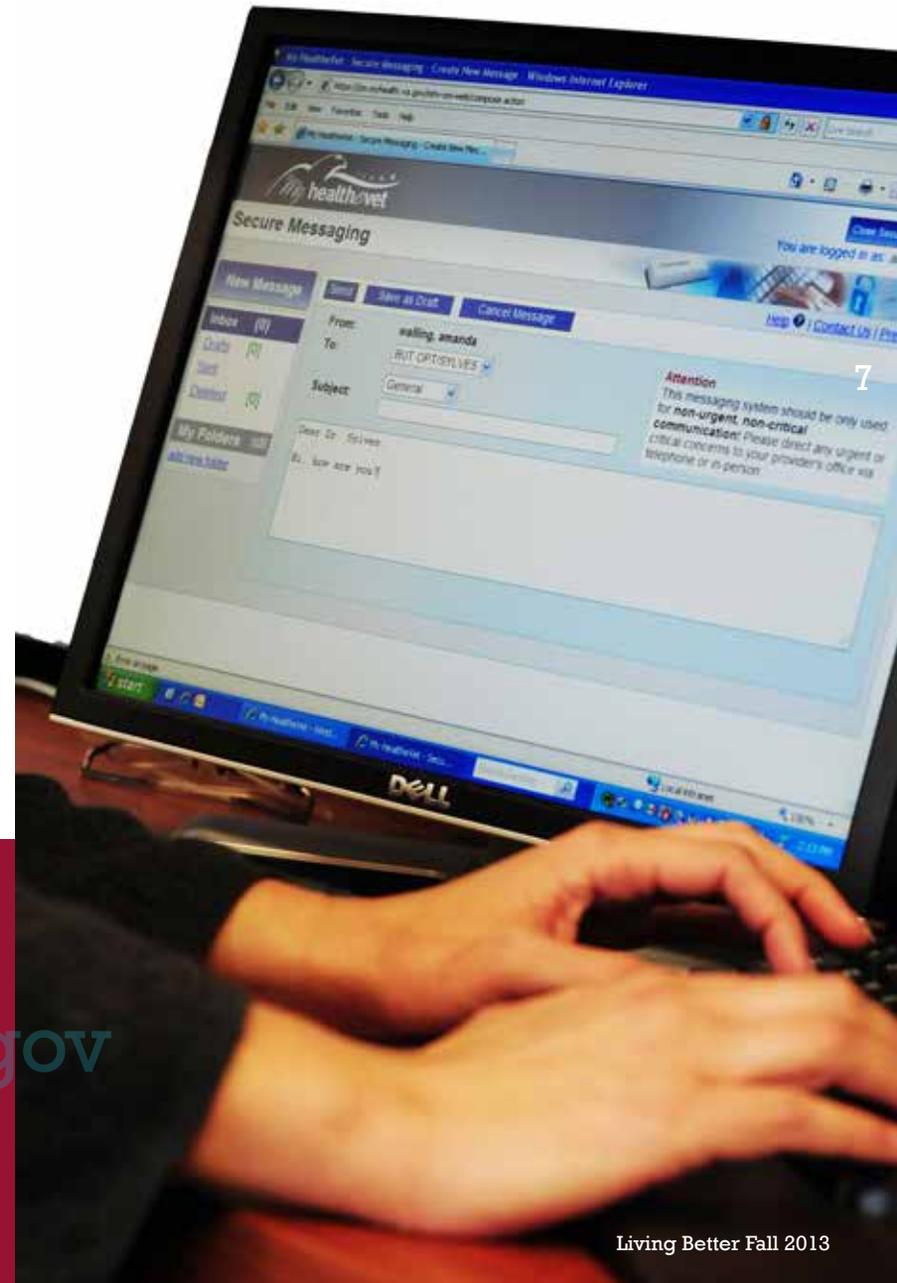


My Health, My Care: 24/7^V Access to VA

Just this past summer, VA released additional, exciting VA Blue Button enhancements aimed at providing Veterans with more efficient and effective access to their VA health care information. With the newest enhancements to the VA Blue Button, Veterans have more timely access to data, more options for self-reported information and improved data refresh options to keep their personal health records up-to-date and complete – allowing them to become active partners in their health care and well-being.

These updates followed a January 2013 installment that provided Veterans access to additional portions of their VA electronic health information, including the results of VA laboratory tests and VA pathology reports. Veterans also were able to use the VA Blue Button to see the results of VA chemistry, hematology, microbiology, surgical and pathology tests.

Ten years of online access through My HealthVet – and over 10,000 Veterans using My HealthVet at VA Butler Healthcare! Enroll or upgrade today at www.myhealth.va.gov. For more information, contact VA Butler's My HealthVet Coordinator at 800.362.8262, ★



www.myhealth.va.gov

CONGRATULATIONS GRADUATES

First Three Graduates of Butler
County's Veterans Treatment Court





In fall 2012, VA leadership along with President Judge Thomas Doerr and Judge Timothy McCune signed a Memo of Understanding (MOU) to begin a new Veterans Treatment Court (VTC) in Butler County. Now, one year later, VTC has seen its first three Veteran graduates—Marine Corps Veteran Todd McCormick, Navy Veteran Jeffrey Cunningham, and Navy Veteran James Meacham.

Todd McCormick did not realize programs like VTC even existed until he was taken to jail. He did not know what to think or expect. “Everyone thinks it’s like a get out of jail free card, but it’s not. You really have to work to succeed,” said Todd. “One of the things I like about VTC is that it is strict; it’s like being in the military.”

VTC allows Veterans to remain in the community while undergoing treatment, but a judge regularly checks on their

progress. If a Veteran fails to meet the requirements of the program — for example, if he or she fails drug screenings or disobeys court orders — VTC will impose sanctions, which may include community service, fines, jail time, or a transfer out of VTC back to a traditional criminal court.

One of the best things about the program for Todd was the people involved. “Most of the people are Veterans too, and they’re behind you 100 percent. If it wasn’t for the people and this program, I would not be where I am now. I’d probably be in jail.”

James “Jim” Meacham also considers the people involved in VTC to be among the most helpful aspects. “They are my team. It’s not just a bunch of people who are helping me because I did this. They are helping me to do things in my life differently. The program is intense, but it is probably one

of the best things I’ve ever done.”

Jim initially got involved in VTC because he wanted to live his life differently, and he needed help making a change. “I’m 54-years-old – and thinking am I too old to do this? No. Some people think they are too old to make a change; I’m one of those people who is going to do it,” said Jim. “It wasn’t healthy the way I was living. I’ve come a long way since the beginning.”

Jeffrey “Jeff” Cunningham was really tentative with his first introduction to VTC. “I had never spoken to a judge before, never had a probation officer. I don’t like to ask for help. It’s a military thing instilled in us – that we’re capable of doing anything.”

Jeff suffered from substance abuse and homelessness before taking part in VTC. “You can’t get rid of alcoholism in a

jail cell, especially when you have a negative attitude, you are not on your medications, and you are depressed,” he said.

The goal of VTC is to divert those with mental health issues and homelessness from the traditional justice system and to give them treatment and tools for rehabilitation and readjustment.

In addition to the many VTCs nationwide, VA has a national program that provides direct services to justice-involved Veterans called Veterans Justice Outreach (VJO). For more information, contact VA Butler’s VJO Coordinator at 800.362.8262, ext. 2240. ★

hot

TOPICS



www.butler.va.gov/services/returning

CARF Accreditation – VA Butler's Domiciliary

10 **VA Butler Healthcare's** residential programs, Domiciliary and the Compensated Work Therapy Transitional Residence (CWT/TR) were recently evaluated by the accrediting agency known as the Commission on Accreditation of Rehabilitation Facilities (CARF). CARF reviewed more than 1,300 standards of care encompassing 23 areas: leadership, strategic planning, input from persons served and other stakeholders, health and safety, rights of the person served, performance measurement and management, person-centered plan, and residential treatment.

Following the positive review, both the Domiciliary and the CWT/TR received three-year accreditations. Per the CARF summary, areas of demonstrated strength included evidence of teamwork and cooperation throughout VA Butler Healthcare, the high priority placed on providing effective and efficient services to the Veterans, efforts to solicit input from persons served, outstanding treatment care plans, and measurable goals for Veterans and the residential programs. ★

2013 Heroes at Heinz Field

The Pittsburgh Steelers and VA Healthcare-VISN 4 hosted the 6th Annual Heroes at Heinz Field. Seventy-five Veterans took part and had the opportunity to throw, kick and catch with some of their favorite Steelers players. Thirteen of VA Butler Healthcare's OEF/OIF/OND Veterans attended the event.

VA is ready to provide health care and other medical services to our nation's returning OEF/OIF/OND Service members. VA Butler Healthcare has a team ready to welcome OEF/OIF/OND Service members and to help coordinate their care. For more information about the various programs available for recent returning Service members, visit <http://www.butler.va.gov/services/returning/index.asp> or call VA Butler's OEF/OIF/OND Program Coordinator at 800-362-8262 Ext. 2493. ★





Free Yoga & Zumba Classes for Veterans

VA Butler Healthcare began offering free fitness classes for Veterans five-days-a-week starting this fall – including new yoga and Zumba classes. VA Butler Healthcare’s Veteran fitness classes are held weekly, Monday through Friday, from 4:30 - 5:30pm in VA Butler’s auditorium. Monday, Wednesday, and Friday classes are cardio-based. Tuesday classes are yoga, and Thursday classes are Zumba. The classes are provided free to Veterans, but Veterans must pre-register before attending. To pre-register, contact VA Butler’s Health Promotion & Disease Prevention (HPDP) program manager at 800.362.8262, ext. 2292.

Studies show that regular physical activity decreases the risk for developing depression, diabetes, heart disease, high blood pressure, obesity, stroke and some kinds of cancer. Even if you are out of shape or have not been active in a long time, you can safely participate in a fitness class. Put on your exercise clothes, bring a towel and bottle of water, and join us in the VA Butler Healthcare auditorium. For more information, please contact VA Butler’s HPDP program manager at 724.285.2292. ★

Veterans and the Affordable Care Act

When portions of the Affordable Care Act

(ACA) take effect next year, Veterans receiving health care from the Department of Veterans Affairs will see no change in their benefits or out-of-pocket costs. However, there are more than 1.3 million Veterans and more than 950,000 spouses and children of Veterans without health insurance. Many uninsured Veterans are eligible for VA health care.

VA is working hard to ensure that enrolled Veterans know that they don’t have to do anything to comply with the ACA, and eligible Veterans who are not enrolled should take advantage of the VA health care benefits they have earned.

For those who are not eligible for VA care – such as Veterans’ family members – the law created the new Health Insurance Marketplace. Beginning in 2014, the Marketplace will provide a new way to shop for and purchase private health insurance. People who purchase insurance through the Marketplace may be able to lower the costs of their health insurance coverage. For more information, visit www.healthcare.gov.

To learn more about VA health care and the ACA, VA encourages Veterans and their family members to visit the new website at www.va.gov/aca, or call 1-877-222-VETS (8387), Monday through Friday from 8 a.m. to 10 p.m. or on Saturdays between 11a.m. and 3 p.m. EST. The new website includes the Health Benefits Explorer, which helps Veterans learn about the benefits they are eligible for if they enroll in VA care. ★

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Thank You Veterans – Veterans Day 2013

VA Butler Healthcare joined the rest of the nation on November 11, 2013 to honor America’s Veterans for their patriotism, love of country, and willingness to serve and sacrifice for the common good. VA Butler also hosted the annual Veterans Day ceremony sponsored by Butler County’s Veteran Services. The ceremony included the presentation of colors, musical selections, readings, remarks by the “Veteran of the Year,” Korean War Veteran Donald B. “Ben” Cypher, a rifle salute, and much more.

At VA Butler, every day is Veterans Day. We continue to offer our sincerest appreciation and respect to our Veterans—**Thank You** for your honor, service, and sacrifice. ★



SHARING
STORIES
AND NEWS
FROM
VETERANS
TO
VETERANS

12

Vet Chat

Move, Breathe, & Function Better!

VA Butler Healthcare

hosted its second Healthy Living Recognition Event in October to recognize 36 local Veterans for making healthy living choices resulting in positive outcomes (i.e., improved cholesterol, blood sugar control, weight loss, tobacco cessation, etc.). Among the 36 local Veterans was U.S. Marine Corps Veteran Melvin Clark, better known as “Buzz.” Buzz has lost more than 30 pounds and significantly improved his health in less than a year thanks to VA Butler Healthcare’s *MOVE!* Program and Wellness Center.

Buzz first started his weight-loss journey with *MOVE!* – VA’s national weight management program designed to help Veterans lose weight, keep it off and improve their overall health. It is a self-management program that focuses on healthy lifestyle change through eating wisely and being as physically active as possible.

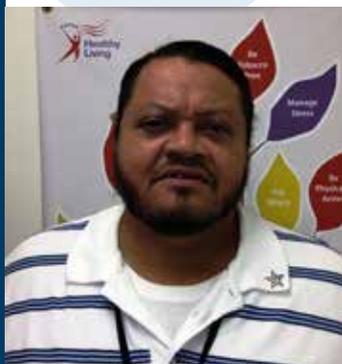
From the *MOVE!* Program, Buzz also began working out at VA Butler’s Wellness Center. “I started a little bit at a time – and progressed to three days a week, 11 hours each week,” he said. “I started working with some of the people there. People care about people there – they want you to be better. It makes a big difference when you have others striving (with you) to try and get into better shape, especially when they are older than you!”

Buzz was overweight, but today he is down 36 pounds, and both his blood sugar and blood pressure have leveled out. Buzz highly recommends VA’s healthy living programs for any Veteran interested in losing weight and making positive changes. He was able to take the information he learned from *MOVE!* and put it into practice – from learning about nutrition to exercise.



“Losing the weight and getting myself to where I can move better, breathe better, and just function better – it worked well for me and I’m going to continue with it!”

VA Butler Healthcare is committed to educating you about your health and keeping you informed so that you become proactive in preventing disease and maintaining good health. We are committed to raising the awareness of healthy behaviors and encouraging and supporting Veterans in their efforts to adopt healthy lifestyles. To learn more, or to jumpstart your healthier life now, call 800.362.8262, ext. 2292. ★



Veterans Serving Veterans

VA operates one of the largest health care systems in the U.S. VA employs highly trained professionals who are dedicated to providing quality health care to Veterans, and many are Veterans themselves! Currently over 30 percent of VA Butler Healthcare’s employees are Veterans.

“ Working for the VA allows me to give back to our Veterans the same services that were given to me. As a vocational rehabilitation specialist, it’s an honor and privilege to work with Veterans and their families to help them return to employment, and ultimately decrease homelessness and prevent housing loss.” ”

Hey Veterans! Share your stories with us in Vet Chat.
Email Amanda.Kurtz2@va.gov. We’d love to hear from you!

VA Employee and Army Veteran
Harry Smith

Health Quiz: Food Labels

From Thanksgiving to preparing for Christmas and the New Year, our diets can certainly get the better of us during the holiday and winter season. Do you read food labels before buying certain items? Do you know what is on a food label and what it means? Take our Food Labels Quiz to find out, and to make healthy choices this fall and all year long.

- 1. A low fat serving of food has?**
10 grams of fat or less 5 grams of fat or less 3 grams of fat or less No saturated fat

- 2. The nutrition facts given on a food label are based on the serving size.**
True False

- 3. Fat has more calories per gram than either carbohydrates or protein.**
True False

- 4. The percent Daily Value (%DV) is based on a 2,000 calorie diet.**
True False

- 5. The nutrition facts label states whether a food is a healthy choice or not.**
True False

www.nutrition.va.gov

Quiz Results

1. 3 grams of fat or less

Knowing this can help you to make heart healthy choices and reduce fat in your diet.

2. True

We are used to saying “portion” or “helping” when we talk about how much we eat. “Serving size” is a more official or standard amount used for food labels. The nutrition facts given on a food label are based on the serving size.

3. True

Fat has 9 calories per gram, while carbohydrates and protein have 4 calories per gram each. As you eat more fat, calories can add up quickly.

4. True

Keep in mind that the percent Daily Values (%DV) are based on a 2,000 calorie diet. You may need fewer calories per day or more calories per day.

5. False

The Nutrition Facts Label does not clearly say that a food is a healthy choice. It is not that easy or simple. Everyone must read the label to decide if a food meets his or her own individual needs for a healthy diet. It is a tool or guide for nutrition information.

Who's Who?

**RACHELLE
LYONS, RD, LDN**



Healthy Holiday Cooking

Thanksgiving, Christmas, the New Year – oh my! With the holiday season in full force, it can be easy to let holiday eating get out of control.

Consider healthier cooking when preparing recipes this season. For example, when baking, use a lower-calorie sugar substitute instead of sugar, and when cooking, try to stick to whole-grain breads and pastas instead of white.

Still not sure where to start? VA Butler provides one-on-one nutrition counseling for Veterans. Registered dietitians can help Veterans better understand how the food they eat influences their health, and they will work on changes to improve health. They can even recommend recipes that are delicious, but won't add those extra pounds many people regret post-holiday season.

Rachele Lyons, RD, LDN, is a registered dietitian and the Nutrition Kitchen Chef at VA Butler Healthcare. To learn more about nutrition counseling, talk to your VA health care team today.



HEALTH TECH - PTSD COACH ONLINE

VA's National Center for PTSD has developed a very helpful, easy-to-navigate program called PTSD Coach Online that Veterans can access from their home computer. Privately. Online. Any time. No appointment necessary.

goals or problem solving. And, because PTSD Coach Online is used on a computer rather than a mobile device, it offers tools that involve writing.

PTSD Coach Online has tools for coping with sadness, anxiety, and other symptoms that

people who have been through trauma can develop. Some tools are brief and can help Veterans relax when feeling stressed, or improve mood, for example. Longer tools teach how to tackle difficult problems, change thinking patterns, and take steps to achieve goals.

So, how does it work? Visit the PTSD Coach Online website:

www.ptsd.va.gov/apps/ptsdcoachonline/default.htm. Once online, learn to manage troubling symptoms following trauma, such as trouble sleeping, trauma reminders

and anger. There are 17 tools to choose from to help work on a problem. They cover topics like...

- How you think about sleep,
- Deal with trauma reminders,
- Notice your thoughts and feelings,
- Weigh the pros and cons.

A unique feature of PTSD Coach Online is the inclusion of videos from coaches who provide introductions for each tool and video help. PTSD Coach Online also includes worksheets that can be printed and used to help fully understand how to deal with a situation. Intended for private use, they are there to help Veterans through the healing process.

PTSD Coach Online aids Veterans with symptom management, problem solving and skill building, but it is not a substitute for professional mental health treatment and care. Try out PTSD Coach Online, and then contact a VA Butler healthcare provider. To find PTSD Coach Online, the PTSD Coach Mobile App and other resources on trauma and PTSD, visit www.PTSD.va.gov.



PTSD Coach Online was inspired by the award-winning PTSD Coach app. The main difference is that PTSD Coach Online also can help look at “big picture” issues—like understanding values and

Health Tastes - Turkey Stirfry



Ingredients

- 1 chicken bouillon cube
- 1/2 cup hot water
- 2 Tbsp. soy sauce
- 1 Tbsp. cornstarch
- 2 Tbsp. vegetable oil
- 1/2 tsp. garlic powder
- 1 lb. turkey, cubed
- 1-3/4 cups carrots, thinly sliced
- 1 cup zucchini, sliced
- 1/2 cup onions, thinly sliced
- 1/4 cup hot water

Directions

Combine chicken bouillon cube and hot water to make broth; stir until dissolved. Combine broth, soy sauce, and cornstarch in bowl. Heat oil in skillet over high heat. Add garlic and turkey. Cook, stirring, until turkey is no longer pink. Add carrots, zucchini, onion, and water to turkey. Cover and cook, stirring occasionally for about five minutes. Uncover; bring turkey mixture to a boil. Cook until almost all liquid has evaporated. Stir in cornstarch mixture. Bring to a boil, stirring until thickened.

Note: Serve over steamed rice.

Calories: 195 ★ Total Fat: 9g ★ Sodium: 506mg ★ Cholesterol: 44mg

Makes 4 servings

HEALTH
tip



Crossword

Keep Your Mind Active

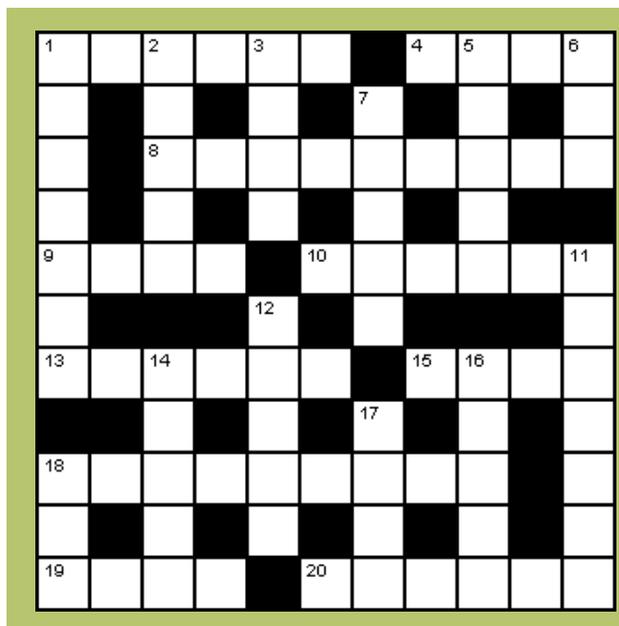
Regularly doing crossword puzzles may be good for your brain fitness. Activities that stimulate our minds, like crossword puzzles, reading, writing, and learning new things, help to keep our minds healthy. Be physically active, and mentally active. Try crossword puzzles.

ACROSS

- Elementary (6)
- Sort (4)
- Made known (9)
- Scintilla (4)
- Season (6)
- Fluent (6)
- Unguent (4)
- Reptile (9)
- Bed on a ship or train (4)
- Conflict (6)

DOWN

- Law officer (7)
- Intended (5)
- Solitary (4)
- Watercraft (5)
- Conclusion (3)
- Sound (5)
- Violent disorder (7)
- Flower (5)
- Diadem (5)
- Obviate (5)
- Passport endorsement (4)
- Young mammal (3)



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HEALTH TIP— SAFELY PREPARE YOUR HOLIDAY MEAL

Whether you are a seasoned chef or a novice preparing your first holiday meal, make sure you know the safest ways to thaw, prepare, stuff and cook your turkey and other holiday foods. Not sure? Check with your VA health care team registered dietitian!



Making Lives Better® ★ butler.va.gov

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 butler.va.gov

 facebook.com/vabutlerpa

 twitter.com/vabutlerpa

 www.butler.va.gov/news/MediaCenter.asp



ARMSTRONG COUNTY VA OUTPATIENT CLINIC

Klingensmith Building
313 Ford Street, Suite 2B
Ford City, PA 16226
724.763.4090

CLARION COUNTY VA OUTPATIENT CLINIC

AC Valley Medical Center
855 Route 58, Suite One
Parker, PA 16049
724.659.5601

CRANBERRY TOWNSHIP VA OUTPATIENT CLINIC

Freedom Square
1183 Freedom Road, Suite A101
Cranberry Township, PA 16066
724.741.3131

LAWRENCE COUNTY VA OUTPATIENT CLINIC

Ridgewood Professional Centre
1750 New Butler Road
New Castle, PA 16101
724.598.6080

MICHAEL A. MARZANO VA OUTPATIENT CLINIC

295 North Kerrwood Drive, Suite 110
Hermitage, PA 16148
724.346.1569

VA Butler Healthcare, located in Butler County, Pennsylvania has been attending to Veteran's total care since 1947. We are the health care choice for over 18,000 Veterans throughout Western Pennsylvania and parts of Ohio and are a member of VA Healthcare VISN 4 under the U.S. Department of Veterans Affairs. VA Butler provides comprehensive Veteran care including primary, specialty and mental health care – as well as management of chronic conditions and social support services for our nation's finest, America's Veterans.

**WE HAVE
YOUR BACK.
AND EVERYTHING ELSE BETWEEN
YOUR HEAD AND YOUR TOES.**



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HONOR OUR VETERANS

Create a growing tribute on Facebook in honor of a Veteran. Tag a Veteran's image with their name to honor them.



MAKING LIVES BETTER

by providing full-service health care that's convenient, affordable and just for you — our region's heroes.

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