Veterans Health Administration

How do my patients access My HealtheVet *Wellness Reminders*?

To view ***Wellness Reminders***, your patients must be a registered My Health***e***Vet user and have completed the In-Person Authentication (IPA) process, a simple process to ensure your patients get the most benefit from My Health***e***Vet.

IPA requires your patients to provide valid, government issued photo identification (veteran identification card, driver's license or other government issued photo identification) to an authorized VA staff member and sign a release of information form. They are also required to watch a brief video that can be viewed online.

IPA may be done at any VA Medical Center and many Community Based Outpatient Clinics (CBOCs). If you have any questions, contact **Lauren Heiger, My HealtheVet Coordinator at 724-285-2595.**

For more information on IPA, visit Quick Links from the My Health***e***Vet website at **www.myhealth.va.gov**.

What is My HealtheVet Personal Health Record?

My Health***e***Vet Personal Health Record (PHR) is a secure website where patients can create his/her private Personal Health Record. Using My Health***e***Vet PHR, patients can actively:

- Track personal information (name, address, emergency contacts)
- Track health measures and maintain health journals
- Learn more about health conditions
- Request VA prescription refills
- Keep a record of all medications including supplements

www.myhealth.va.gov

Veterans and Consumers Health Informatics Office
Wellness Reminders Healthcare Team Information Brochure
Marrch 20. 2009

My Health*e*Vet

www.myhealth.va.gov
Wellness Reminders

VA's Award-Winning
Personal Health Record

What are My HealtheVet *Wellness Reminders*?

Wellness Reminders is an online feature of the My Health***e***Vet Personal Health Record where VA patients can view their VA ***Wellness Reminders***.

***Wellness Reminders* is an online feature of the My HealtheVet Personal Health Record where VA patients can view their VA *Wellness Reminders*.**

What *Wellness Reminder* information is provided?

The summary information includes due date, type of ***Wellness Reminder***, last completed date, and name and location of the facility sending the reminder. The detailed information includes a description of the ***Wellness Reminder*** and links to other websites (such as the Centers for Disease Control and Prevention) for additional information.

www.myhealth.va.gov

What *Wellness Reminders* can my patients view?

Your patients will be able to view the following types of health ***Wellness Reminders*** from their VA treatment facility(s) if they apply to them:

- Colorectal cancer screen
- Influenza
- Pneumococcal
- Hypertension
- LDL control
- Lipid measure
- Body Mass Index

For people with diabetes:

- Diabetes foot exam
- Diabetes hemoglobin A1c
- Diabetes retinal exam

For women:

- Cervical cancer screen
- Mammogram screen

My healthevet
www.myhealth.va.gov

Can my patients change the way they view *Wellness Reminders*?

Yes, your patients can change the way they view ***Wellness Reminders*** by selecting their preferred facility(s) from which ***Wellness Reminders*** are displayed. The first time your patients log on, the default setting is that all their VA locations are selected. They can make a change to the selection and unselect VA facilities of their choice. They must select at least one VA location to receive ***Wellness Reminders***.

How should my patients handle duplicate *Wellness Reminders* from multiple facilities?

If your patients receive care at more than one VA facility, they may receive duplicate ***Wellness Reminders***. They should notify their VA provider if any ***Wellness Reminders*** have been completed.

Can my patients view past *Wellness Reminders* that have been completed?

Yes, your patients can view past ***Wellness Reminders*** that have been completed. They can view their completed reminders in the Completed Reminders Summary section under ***Wellness Reminders***.