

How can

# Adult Day Health Care benefit YOU?

Both Veterans and caregivers benefit from our Adult Day Health Care Program in a variety of ways ...

For the Veteran ... you benefit from:

- a safe, secure environment
- enjoyable and educational activities
- improved mental and physical health
- an enhanced or maintained level of independence
- a delay or prevention of inpatient admission
- socialization and peer support
- nutritious meals and snacks
- a quicker hospital discharge and reduced risk of reentering the hospital or a long-term care situation

For the caregiver ... you benefit from:

A much-needed break to attend to personal needs, or simply rest and relax.



**We're a New VA!**  
... focusing on YOU and your needs, keeping things simple, and providing highly technical specialty care when necessary ... while maintaining our small-town values.

## VA Butler Healthcare

... providing quality health care to our nation's Veterans.

### Our Primary Care VA Outpatient Clinics

#### Armstrong Co. VA Outpatient Clinic

Klingensmith Building  
313 Ford Street, Suite 2B  
Ford City, PA 16226  
724-763-4090

#### Clarion Co. VA Outpatient Clinic

AC Valley Medical Center  
855 Route 58, Ste. One  
Parker, PA 16049  
724-659-5601

#### Cranberry Twp. VA Outpatient Clinic

Freedom Square  
1183 Freedom Road, Ste. A101  
Cranberry Township, PA 16066  
724-741-3131

#### Lawrence Co. VA Outpatient Clinic

Ridgewood Professional Centre  
1750 New Butler Road  
New Castle, PA 16101  
724-598-6080

#### Michael A. Marzano VA Outpt. Clinic

295 North Kerrwood Dr., Ste. 110  
Hermitage, PA 16148  
724-346-1569

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<http://ht.ly/2t6lW>



## Adult Day Health Care ... is it right for you?



**Youth is not a time of life —  
it's a state of mind ...**

- Samuel Ullman

We're here to help YOU stay **healthy, active and social.**

Could our **Adult Day Health Care** Program be right for YOU?

VA Butler Healthcare  
325 New Castle Road  
Butler, PA 16001

Toll-free: 1-800-362-8262

Direct dial: 724-287-4781

Facebook: [facebook.com/VAButlerPA](https://www.facebook.com/VAButlerPA)

Twitter: [twitter.com/VAButlerPA](https://twitter.com/VAButlerPA)



*Adult Day Health Care enhances both independence and a sense of community ...*

## What is Adult Day Health Care?

**The Adult Day Health Care Program** is an organized program of activities during the day in a community group setting. The purpose of this program is to support the personal independence of older Veterans and **promote social, physical and emotional well-being.**

**The Adult Day Health Care Program** emphasizes a shared partnership with the participant, the family, their primary care physician and the community – that works to maintain personal independence.

### **Adult Day Health Care provides:**

- **Veterans an opportunity to venture outside of their home and enjoy pre-planned social interactions.**
- **Caregivers an opportunity to rest and enjoy a break from providing constant care at home**



## What Adult Day Health Care offers **YOU!**

**A variety of programs and activities\* are offered for Veterans including:**

**ceramics** · copper tooling · **leather work** · health & nutrition education  
**leisure counseling** · card games  
**outdoor walking programs** · **board games** · **short field trips** · **planned discussion groups ... and much more**

*\*These activities occur in small and large groups and one-on-one when necessary.*

**The Adult Day Health Care Program** also offers access to Kinesiotherapy (*an area of medicine in which exercise and movement are used as the primary form of restoring health*), Speech Therapy, Audiology and Center for Behavioral Health Care services (*including individual and family counseling*).

**The Adult Day Health Care Program** provides a variety of health, therapeutic and social services to enable Veterans to continue living at home. Nursing staff are also available to address any health care needs or questions that a Veteran or their caretaker may have.



## Are **You** Eligible for Adult Day Health Care?

**To be eligible to receive care in VA Butler Healthcare's Adult Day Health Care Program, a Veteran must be:**

- honorably discharged
- currently enrolled for VA care

Veterans who have been recently discharged from VA Butler Healthcare or who have been referred from a community medical facility are eligible for VA Butler Healthcare's Adult Day Health Care Program.

To participate in Adult Day Health Care at VA Butler Healthcare, a Veteran's medical condition must be manageable on an outpatient basis — and they must be in need of support to continue living at home. Veterans are able to continue in the Adult Day Health Care Program as long as they are physically able to attend, meet the admission criteria and continue to benefit from attending.

**Call TODAY to learn more about  
Adult Day Health Care — and if it's right for YOU!**

**Adult Day Health Care Coordinator  
1-800-362-8262, ext. 5025**