13 Key Ingredients to A Successful Year
### VA Butler Healthcare 2013 Highlights

<table>
<thead>
<tr>
<th>Number</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>56</td>
<td>Bed Domiciliary providing residential rehabilitation for Veterans opened and male and female Veterans <em>(for the first time in VA Butler history!)</em> moved in</td>
</tr>
<tr>
<td>10,534</td>
<td>Registered VA Butler Veterans with a premium My HealtheVet account as of December 2013 - and 10 years of online access for Veterans through My HealtheVet celebrated</td>
</tr>
<tr>
<td>1</td>
<td>Year anniversary of the Butler County Veterans Treatment Court celebrated - and its first three Veteran graduates recognized</td>
</tr>
<tr>
<td>371</td>
<td>New Returning Service Members enrolled at VA Butler Healthcare—Welcome Home!</td>
</tr>
<tr>
<td>38,576</td>
<td>Hours volunteered by the 387 compassionate and dedicated VA Butler Volunteers</td>
</tr>
<tr>
<td>3</td>
<td>Year accreditation from the Commission on Accreditation of Rehabilitation Facilities (CARF) received for VA Butler’s Domiciliary and the Compensated Work Therapy Transitional Residence (CWT/TR)</td>
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<tr>
<td>1,275</td>
<td>Homeless Veteran encounters</td>
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<tr>
<td>96</td>
<td>Veteran fitness classes held, including new yoga and Zumba classes</td>
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<tr>
<td>596</td>
<td>Satisfied employees (achieved top results for the 2013 All Employee Survey)</td>
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<tr>
<td>2</td>
<td>Years in a row ranked as the best in the nation among VA Hospitals for overall dental care</td>
</tr>
<tr>
<td>33</td>
<td>Seconds <em>(average)</em> for the answer rate for Veterans calling the newly expanded VA Butler Healthcare Call Center</td>
</tr>
<tr>
<td>18</td>
<td>Units for senior homeless Veterans through the VA Butler Healthcare and Housing Authority of Butler County’s Proposed Enhanced Use Lease (EUL)</td>
</tr>
<tr>
<td>167,456</td>
<td>Veteran outpatient visits at VA Butler Healthcare and all five Community-Based Outpatient Clinics for FY 2013</td>
</tr>
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To our honored Veterans, dedicated employees, generous volunteers, and dear friends of VA Butler Healthcare, I am excited to share with you VA Butler Healthcare’s 2013 Annual Report—Key Ingredients to a Successful Year. Thank you to everyone who has helped make this year a triumph.

At VA Butler Healthcare, we pride ourselves on providing quality health care—while advocating for health promotion, disease prevention, and patients’ involvement in their health care. From frequent “Nutrition Kitchen” healthy cooking demonstrations and recreation therapy kitchens for Domiciliary Veteran residents—to providing healthy food items to homeless Veterans at the annual Healthy Living Food Drive—we have quite literally cooked up a healthy (and successful) year!

In addition to promoting healthy living, Patient Aligned Care Teams served over 18,000 Veterans this year, homelessness among Veterans decreased, and we improved the Veteran experience through an expanded call center, and extended appointment hours.

My goals for 2014 are to sustain excellent clinical performance, further engage Veterans in their care, and as always, to continue Making Lives Better.

John A. Gennaro, FACHE, MBA, MHSA
Director, VA Butler Healthcare

“Improving the Veteran experience was a top goal in 2013. We anticipate 2014 to be a year of innovative change, improved processes, and an opportunity to build upon the excellent care our staff provide our nation’s finest citizens, our Veterans.”
—John Gennaro, Director

“I am proud of the outstanding service of our dedicated team of employees who achieved new goals and set even higher expectations for care at VA Butler in 2013. Next year, I’m excited to finish key construction projects, and make progress with the new HCC.”
—Rebecca Hubscher, Associate Director

“Access! Continued telehealth expansion allowed us to reach our Veterans in new and innovative ways this year. In 2014, we will strive to continue excelling in quality care with an emphasis on health promotion and disease prevention.”
—Sharon Parson, Nurse Executive

“Engaging Veterans in their health care through the team-based PACT approach continues to be of utmost importance. Veterans are partners in their health care here, and as we move into the new year, we want more than ever to make VA Butler second to none.”
—Timothy Burke, Chief of Staff
Primary Care
VA Butler Healthcare & its Community-Based Outpatient Clinics

key measurements

18,860 Veterans served
167,456 Total Veteran outpatient visits
28,768 Veteran outpatient visits at VA Butler’s Community-Based outpatient Clinics
541 New Veteran patients seen at VA Butler’s Community-Based outpatient Clinics

Servings
VA Community-Based Outpatient Clinic Visits

<table>
<thead>
<tr>
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<th>FY 12</th>
<th>FY 13</th>
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<tbody>
<tr>
<td>Armstrong County</td>
<td>3,037</td>
<td>3,366</td>
</tr>
<tr>
<td>Clarion County</td>
<td>3,136</td>
<td>2,543</td>
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<tr>
<td>Cranberry Twp.</td>
<td>5,052</td>
<td>5,413</td>
</tr>
<tr>
<td>Lawrence County</td>
<td>5,845</td>
<td>6,452</td>
</tr>
<tr>
<td>Mercer County</td>
<td>8,385</td>
<td>10,994</td>
</tr>
<tr>
<td>Total</td>
<td>25,455</td>
<td>28,768</td>
</tr>
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key ingredients

- Ranked the best in the nation among VA Hospitals for overall dental care according to the National VA Dentistry Survey of Dental Care Experiences of Patients. In every survey measure, VA Butler scored well above the national average
- Increased services offered at VA Butler’s Community-Based Outpatient Clinics (CBOC)—Pharmacy Anti-Coagulation via Clinical Video Telehealth (CVT) added at the Cranberry Twp. CBOC, and Chaplain and Palliative Care via CVT added at all five CBOCs
- Achieved all Patient-Aligned Care Team FY13 Goals:
  - Completed Primary Care appointments within seven days (Target: 92%, Results: 99.3%)
  - Provided same-day access with Primary Care Provider or their Primary Care Nurse (Target: 70%, Results: 96.5%)
  - Ensured Veterans saw their own Primary Care Provider at least three out of four visits (Target: 77%, Results 96.1%)
  - Contacted Veterans within two days of transition from an inpatient hospital (Target 75%, Results 95.5%)
- Implemented a new support group for Veterans diagnosed with Hepatitis C. The new group meets twice monthly and Veterans may join at any time
- Installed new VetLink Kiosks with touch-screen technology to allow for easy access to make changes to health information
- Extended-hour appointments for primary care services during the weekdays and weekend
key ingredients

- Developed a Clinical Video Telehealth (CVT) program with Tomorrow’s Hope, a transitional housing program for homeless Veterans. In 2014, additional equipment will be installed at this site so other VA facilities may provide services to their Veterans residing there

- Initiated a new program called “CVT to Home.” The program provides Veterans the opportunity to connect with their VA Providers via telehealth from their home computers. VA Butler Healthcare completed the first encounter of this type in VISN 4, and we plan to use it in the future with local universities to connect with Veterans enrolled there

- Achieved all My HealtheVet National Goals for FY13 last year!
  - Opt-In 15% of VA Butler Healthcare Veterans to the My HealtheVet Secure Messaging
  - Exceed Virtual Care modality metric of 30% of unique VA patients using My HealtheVet Secure Messaging (15%)
  - In-Person Authenticated (IPA) 35% of VA Butler Healthcare Veterans to a premium My HealtheVet account

- Celebrated 10 years of online access for Veterans through My HealtheVet – VA’s personal health record – November 11, 2013. VA Butler’s My HealtheVet Coordinator showcased, throughout the month of November, how My HealtheVet contributes to more informed and more engaged Veteran patients via live demonstrations, Veteran workshops, staff trainings, multimedia quick tips and how-to’s

key measurements

- 2,311 Unique Veterans used Telehealth (a 15.6% increase since FY12)
- 4,565 Home Telehealth Program (HT) Veteran encounters
- 3,427 Clinical Video Telehealth (CVT) Program Veteran encounters
- 566 Store and Forward Telehealth (SFT) Program—Teleretinal and Teledermatology Veteran encounters
- 10,534 VA Butler Veterans registered with a premium My HealtheVet account
- 4,470 VA Butler Veterans Opted In to use My HealtheVet Secure Messaging
key measurements

12,059
Physical Medicine & Rehabilitation (PM&R) Outpatient Therapy Veteran appointments were completed in FY13

31,851
Prosthetic devices, equipment or repairs were purchased for 8,663 Veterans during FY13

301
Veterans were provided O2 Services through VA’s Home Oxygen Program - including 132 new Veterans

280
New CPAP/BiPAP machines were provided to Veterans with Obstructive Sleep Apnea

27
Accessibility projects were approved as part of the Home Improvement Structural Alteration Grant program

23
Students from local educational institutions participated in clinical rotations in VA Butler’s PM&R Department

key ingredients

- Expanded appointments from four to eight at the new Tele-Amputee Clinic, supporting the Clarksburg VAMC, decreasing the need to travel to appointments for many Veterans
- Implemented a digital prosthetics record system that eliminated the need to retain over 75,000 hard-copy pages per year—VA Butler was the first facility in VISN 4 to complete a digital conversion
- Opened a new Community Living Center Recreation Therapy space staffed seven days a week to provide a place of respite where inpatients may enjoy activities such as pool, cards, bingo, computer access, craft programs, and other activities
- Created an inpatient rehabilitation therapy team—consisting of a kinesiotherapist, physical therapist, speech therapist, physiatrist and an occupational therapist—that focuses on providing treatment at Veterans’ bedsides to facilitate better rehabilitation outcomes with VA nursing staff
key ingredients

• Hosted the first annual Clothesline Project to raise awareness of Sexual Assault and Domestic Violence during Sexual Assault Awareness month in April

• Expanded the services available for women Veterans at VA Butler Healthcare to include: nexplanon insertions/removals, colposcopy services, portable take home units to treat Urodynamics, Post-traumatic stress disorder (PTSD) and Military Sexual Trauma (MST) groups, and Cognitive Processing Therapy (CPT)

• Extended hours for women health services at the main facility and Community-Based Outpatient Clinics

• Initiated the Healthy Living for Women group and Women’s Health Assessment group for female Veterans in the Domiciliary

key measurements

1180
Female Veteran enrollees (53% under the age of 40)

42
New female Veteran enrollees since FY12

715
Unique female Veteran users, an increase of 25 from FY12

15
Eligible female Veterans who received Non-VA Care maternity and newborn benefits

RECIPE:

Almond Snack Mix

4 servings; 1/2 cup per serving

Ingredients

• 1/3 cup whole unsalted almonds
• 2/3 cup bite-size multigrain or whole-grain cereal squares
• 1/2 cup low-fat granola cereal without raisins
• 1/4 cup dried apricot halves, cut into strips, or golden raisins
• 1/4 cup sweetened dried cranberries

Preparation

• Preheat the oven to 350°F. Spread the almonds in a single layer on an ungreased baking sheet.
• Bake for 5 to 10 minutes, or until lightly toasted, stirring once or twice to ensure even baking.
• Transfer to a plate to cool completely.
• Meanwhile, in a large bowl, stir together the remaining ingredients. Stir in the cooled almonds.

Nutrition Facts: Calories 174 ★ Total Fat 6.5g ★ Carbohydrates 29g ★ Protein 4g

Recipe courtesy of the American Heart Association’s Go Red for Women
key ingredients

- Improved processes through the Continuous Quality Improvement (CQI) initiative. Employees suggested and made improvements with more than 100 improvement ideas—safety (66%), patient satisfaction (16%), access (12%), and cost savings (6%).
- Increased clinic utilization in Behavioral Health
- Consistency of the referral process helping to decrease Veteran homelessness
- Improved Audiology Department scheduling allowing for walk-in appointments
- Reduced facility costs and added in-house wheelchair repairs

- Received a three year accreditation from the Commission on Accreditation of Rehabilitation Facilities (CARF) for VA Butler Healthcare’s residential programs, Domiciliary and the Compensated Work Therapy Transitional Residence (CWT/TR). Per the CARF summary, areas of demonstrated strength included evidence of teamwork and cooperation throughout VA Butler, the high priority placed on providing effective and efficient services to the Veterans, efforts to solicit input from persons served, outstanding treatment care plans, and measureable goals for Veterans and the residential programs

- Recognized by the National Center for Patient Safety with the Gold Cornerstone Award for excellence in patient safety at VA Butler Healthcare. Criteria included timely completion of alerts and advisories, completion of nine RCA and Aggregate reviews, and timely implementation and closure of actions and outcome measures
Health & Wellness

key ingredients

• Participated in the pilot program Be Active and MOVE! (BAM!)—the only site in VISN 4. BAM! is designed to increase physical activity for MOVE! Veterans through education and movement in the form of walking/stepping, strengthening, flexibility, and balance activities. In FY13, BAM! contributed to an activity increase of 146,000 steps from start to finish over the 8-week program for 21 Veterans, resulting in an additional 45 pound weight loss

• Awarded a Public Health Grant of $750 for a VA Butler Health Promotion & Disease Prevention Program project titled, Combating Hepatitis: Improving Patient-Centered Care, Support, Education and Communication

• Hosted and participated in 14 health and wellness-focused events and outreach activities some of which included Sun Safety & Cancer Prevention Event, Diabetes Alert Day, The Great American Smokeout, Pink Out for Breast Cancer Awareness, National Wear Red Day, Annual Healthy Living Recognition Event, Healthy Living Food Drive for Homeless Veterans, and Chronic Pain Workshop

• Helped Veterans quit tobacco through tobacco cessation classes, support groups, and medication. 90% of support group participants remain tobacco free

• Hired a new Catholic Chaplain, Fr. David Shortt, with dual privileges for the Roman Catholic and Eastern Orthodox faith tradition allowing us for the first time to provide spiritual care to this population regularly. Additionally, VA’s Chaplaincy Department in collaboration with Behavioral Health established Bereavement/Grief Support for outpatient Veterans and Chaplain support for Veteran services in the local community

key measurements

3,730
Pounds were lost by 583 Veterans through VA’s MOVE! Program, including MOVE! Group, TeleMOVE!, and MOVE! TLC

96
Veteran fitness classes were held in FY13, including new yoga and Zumba classes

117
Veterans actively used the Wellness Center which expanded its hours to 17 per week

375
Healthy food items were collected to help local Veterans in need

“ The support group is very helpful, and the VA staff that run the support group are behind us all the way. Whatever it takes to get us to quit, including the occasional relapse, they encourage us to get back with the program. If it wasn’t for the staff, I would still be smoking today. —U.S. Air Force Veteran Dave Baker (smoke-free for over 14 months) ”
### key measurements

<table>
<thead>
<tr>
<th>Count</th>
<th>Description</th>
</tr>
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<tbody>
<tr>
<td><strong>341</strong></td>
<td>Caregivers supported through VA Butler’s Caregiver Support Program in FY13 (25 Family Caregivers; 316 General Caregivers)</td>
</tr>
<tr>
<td><strong>31</strong></td>
<td>Caregivers recognized at the annual Caregiver Luncheons</td>
</tr>
<tr>
<td><strong>14</strong></td>
<td>New families received the new benefits and support services available for eligible Post 9/11 Veterans</td>
</tr>
</tbody>
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### key ingredients

- Hosted the annual Caregiver Luncheon during National Caregiver Month in November that included VA Butler program information, mini massages and manicures, a healthy cooking demonstration, a presentation on stress management, and more.

- Offered three new Caregiver Support programs—REACH VA Dementia, Building Better Caregivers, and Spouse Telephone Support. REACH VA Dementia is a telephone program to assist caregivers whose Veterans have Alzheimer’s/Dementia. (Building Better Caregivers) is a six-week online workshop for caregivers of Veterans and Veterans who serve as caregivers to someone with dementia, memory problems, PTSD, or other serious injury or illness. Spouse Telephone Support is a telephone-based group for spouses/significant others of OIF/OEF/OND Veterans who are at least one month post-deployment and receive VA services.

- Participated in the VA Mobile Health Family Caregiver Pilot (two of VA Butler’s Family Caregivers). Starting in May 2013, the two local caregivers received VA-loaned iPads loaded with a suite of applications (apps) to test over a 12-month period. The suite is comprised of nine apps that are designed to support caregivers and the needs of the Veterans they assist.

- Hosted educational trainings for Caregivers via satellite television regarding Traumatic Brain Injury (TBI), Chronic Pain, and Post Traumatic Stress Disorder (PTSD).
key ingredients

- Hosted the annual Welcome Home Event at the 42nd Annual Fort Armstrong Folk Festival, which included the first Welcome Home T-shirt Design Contest—original artwork to honor the spirit of our Iraq/Afghanistan service members and/or their homecoming. U.S. Navy Veteran Lloyd Lackey was the winner of the t-shirt contest
- Increased outreach efforts to include new events and locations such as the Traveling Vietnam Wall and the Penn State Shenango Campus
- Participated in a panel discussion at the regional community college consortium on Veteran’s issues in Cranberry Twp., Pa.

key measurements

![VA Butler Healthcare Logo]

- 2,732 OEF/OIF/OND Veteran enrollees
- 371 New OEF/OIF/OND Veteran enrollees since FY12
- 250 Veterans served at the annual Welcome Home Event
- 13 Veterans from VA Butler’s OEF/OIF/OND Program attended “Heroes at Heinz Field”

They [the VA] will take care of you in your transition. They have so many programs to help soldiers—any problems you may have, they’re able to help.

—Rocco Pepe IV, U.S. Army Veteran

RECIPE:

8 servings; 1 bun with ½ cup filling per serving

Ingredients

- 1 pound extra lean ground beef or turkey
- 1 small onion, diced
- 1 small red pepper, diced
- 1 can (15 oz) black beans, drained and rinsed
- 1 1/2 cups tomato sauce
- 2 tbsp. tomato paste
- 1 tbsp. red wine vinegar
- 1 tbsp. Worcestershire sauce
- 1 tsp. Mustard powder
- 8 whole wheat burger buns

Preparation

1. Brown the meat and onion in a large skillet over medium-high heat for 5 minutes, breaking up the meat into crumbles as it cooks.
2. Drain the ground meat.
3. Add the garlic and red pepper and cook 5 minutes more, stirring occasionally.
4. Stir in the rest of the ingredients, reduce heat to low, and simmer 5 minutes more.
5. Place a half-cup of the mixture into each bun and serve.

Nutrition Facts: Calories 325 ★ Total Fat 4.5g ★ Carbohydrates 42g ★ Protein 30g

Recipe courtesy of the VA Yummy Benefits Cookbook
key measurements

337
Unique Veterans served through the Health Care for Homeless Veterans (HCHV) Program

1275
Homeless Veteran encounters

115
Housing vouchers for the Department of Housing and Urban Development (HUD) and the VA’s Supported Housing (HUD-VASH) Program allocated (15 additional for FY13)

10
Beds for emergency housing through Tomorrow’s Hope and 10 beds for transitional housing through the Mechling-Shakley Veteran Center provided to Veterans

212
Veterans, including 42 new Veterans, assisted through VA Butler’s Veterans Justice Outreach (VJO) Program

22
Veterans participated in the new Butler County Veterans Treatment Court

96
Job seekers attended the Hiring Our Heroes job fair – with 51 estimated to be hired within the next year

key ingredients

• Exceeded all VA National Performance Targets for Homeless services to Veterans – and exceeded the VISN4 homeless target of 259 unique Homeless Veterans in FY13 (130.12% of target)

• Celebrated the one-year anniversary of the Butler County Veterans Treatment Court (VTC) and its first three Veteran graduates – Marine Corps Veteran Todd McCormick, Navy Veteran Jeffrey Cunningham, and Navy Veteran James Meacham

• Hosted the second Hiring Our Heroes job fair at VA Butler Healthcare – 154 resumes accepted, two formal interviews conducted, six conditional job offers (1 firm offer), and 51 expected hires

• Obtained eight weeks of Certified Production Technician (CPT) Training for three Veterans by collaborating with Penn United Manufacturing and Butler County Community College

• Completed a homeless documentary film including VA homeless staff, and peer support, and visiting local encampments to identify and serve homeless Veterans

• Implemented the Housing First approach for homeless and at-risk homeless Veterans—an approach that centers on providing homeless Veterans with housing quickly, and then providing services as needed

• Partnered with Butler County Mental Health, Southwest Behavioral Health Management Inc., and local faith-based community services to provide Peer Support Specialist training to 22 unemployed Veterans

• Hosted the annual CHALENG Forum attended by over 100 individuals including keynote speakers Vince Kane and Bobbie Thompson from VA’s National Center on Homelessness Among Veterans

• Participated in two annual Veteran Stand Down events in Armstrong and Lawrence Counties through active collaboration with community partners and local military services

"Everyone thinks it’s like a get out of jail free card, but it’s not. You really have to work to succeed. One of the things I like about VTC is that it is strict, it’s like being in the military."
—Todd McCormick, U.S. Marine Corps
Mental Health

key ingredients

- Exceeded all Behavioral Health Performance Measures:
  - New patient wait time—Veterans seen within 14 days of referral (Target: 70%, Results: 71.89%)
  - Established patient wait time—Veterans seen within 30 days of desired date (Target: 95%, Results: 98.47%)
  - Mental Health Treatment Coordinator involves a designated provider entered into PCMM in VISTA so that it is visible to anyone who opens the record. This individual is responsible for coordination of mental health treatment. (Target: 75%, Results: 83.73%)
  - OEF/OIF Psychotherapy involves OEF/OIF Veterans with a diagnosis of PTSD to have 8 Psychotherapy sessions within a 14-week period for the treatment of PTSD. (Target 67%, Results: 76.67%)

- Saved lives every day through our local suicide prevention program, 85 outreach events promoted suicide prevention and awareness and 214 "We Care Cards" (suicide prevention mailings) were sent monthly to Veterans on the facility’s high risk for suicide list

- Hosted the first Mental Health Summit to increase collaboration between VA and the community in order to enhance the mental health and well-being of our Veterans – and held the first Mental Health Creative Arts Event to provide an opportunity to learn more about, and raise awareness of mental illnesses

Talk to someone. You don’t have to physically go into a VA hospital to get help from the VA. There’s CBOCs, 800 numbers, etc. If you’re having a bad day, take advantage of the Veterans Crisis Line.

—Kris Berry, U.S. Army Veteran

key measurements

12 Veterans recognized for overcoming mental health problems at the 4th Annual Recovery Recognition Day

2 New mental health professionals hired (nationally, VA hired 1,600 new mental health professionals to improve access to mental health services for Veterans and their families)

11 Female Veterans admitted to VA Butler’s new Domiciliary—the first female Domiciliary admission in VA Butler’s history was made on March 11, 2013
key measurements

387
Total volunteers at VA Butler Healthcare

72
New volunteers

42
Students volunteered this year

38,576
Volunteer hours

47
Volunteer drivers with 10,605 volunteer driver hours

229,140.60
Donations made

key ingredients

- Supported VA Butler Healthcare key events and outreach activities, such as – Veterans Day, Memorial Day, Bantam Jeep Luncheon, POW/MIA Recognition Ceremony, Caregiver Luncheon, Flu Clinics, Health Fairs, and more

- Initiated a new volunteer messenger service—Departments call the escort office to pick up mail or other items and deliver to another department

- Collaborated with the Chaplain’s office to recruit and train volunteers for the Hospice/No Veteran Dies Alone Program and assisted with a training program March 2013. There are currently 15 certified to provide assistance

- Provided transportation to Veterans to access their VA health care through the Volunteer Transportation Program, in collaboration with the Disabled American Veterans (DAV). VA Butler utilizes 14 vehicles to transport Veterans to and from medical appointments; this includes three vehicles through the Rural Health initiative and two new DAV passenger vans.

“\nMy time spent with Veterans volunteering is probably more rewarding for me because it makes me feel good to make them feel good.\n—David Cavanaugh, U.S. Air Force Veteran\n”
key ingredients

- Completed the All Employee Survey (AES) with a rate of 62.8%—the third highest participation rate of medical facilities in VISN 4
- Improved the Veteran experience (customer service) – reduced patient complaints by 51%, expanded the call center (call center average answer rate of 33 seconds), and collaborated with Veterans Benefit Administration Pittsburgh Regional, which resulted to achieve an average processing time frame of 12.8 days and 100% accuracy of claims
- Received the 2013 Modern Healthcare Up & Comers Award for his outstanding leadership as VA Butler Healthcare’s Director. The award honored Mr. John A. Gennaro for his commitment to excellence, support of VA Butler Healthcare, and most importantly, his dedication to VA’s mission—providing exceptional health care to our heroes, America’s Veterans
- Recognized 18 VA Butler Healthcare employees at the 2013 Pittsburgh Federal Executive Board (FEB) Excellence in Government Awards Program. VA Butler Healthcare employees brought home four gold, four silver, and five bronze awards
- Key Ingredients Baked Into VA Butler Employees’ Efforts

  - Integrity
  - Commitment
  - Advocacy
  - Respect
  - Excellence
  - Trustworthy
  - Agile
  - Innovative
  - Accessible
  - Quality
  - Integrated

VA Butler Healthcare’s employees embrace VA’s Core values of Integrity, Commitment Advocacy, Respect and Excellence (ICARE) and embody VA’s core characteristics: Trustworthy, Accessible, Quality, Agile, Innovative, and Integrated

key measurements

- 596
  VA Butler Healthcare employees for FY13
- 185
  Employee participants in the VA2K (VA Butler won 2nd place for % participation nationwide and was awarded $2,000 for wellness efforts for employees)
- 85.7
  Pounds lost during the Employee Weight Loss Challenge
- $53,425.28
  Dollars raised for the 2013 Combined Federal Campaign (CFC)

RECIPE:

**Champion Chili**

8 servings; 1 bun with ½ cup filling per serving

**Ingredients in the Winning CFC Chili Cook-Off Recipe**

- 1/2 lb Extra lean ground beef
- 4 slices of bacon
- 1 lb. of hot sausage
- 1 can (15 oz) kidney beans, drained and rinsed
- 2 large cans of baked beans
- 8 Whole wheat burger buns

**Preparation**

1. Brown the all meat in a large skillet over medium-high heat for 5-10 minutes, breaking up the meat into crumbles as it cooks.
2. Drain the ground meat.
3. Stir in the rest of the ingredients, reduce heat to low, and simmer 10 minutes more.
4. Place a half-cup of the mixture into each bun and serve.
New Domiciliary - Veterans Moved In
- VA Butler's new 56-bed Domiciliary provides residential rehabilitation for Veterans suffering from substance abuse, homelessness and behavioral health issues. Veterans first moved into the new facility in March 2013.
- VA Butler's new Domiciliary includes a total of five new buildings. The main treatment building includes group therapy rooms, a recreation center, computer room, dining hall, life skills training room and crafts room. The four remaining buildings are townhomes where Veterans reside. The new residential facility accommodates male and female Veterans (a first for VA Butler!) as well as meet the needs of bariatric and disabled Veterans.
- All townhomes are equipped with a full kitchen, washer and dryer, and modern furniture to offer a home-like environment. Veterans will be responsible for the cleaning of their townhomes, purchasing groceries, cooking and laundry.

Community Living Center (CLC)—New Outdoor Green Spaces
- Keep Pennsylvania Beautiful was awarded a grant from The Home Depot Foundation for its Ohio Valley Region VA Hospital Community Beautification and Greening Project. Keep Pennsylvania Beautiful worked to revitalize outdoor green spaces at VA Butler Healthcare: the patio off the Roosevelt Room, the patio across from the Roosevelt Room, the picnic pavilion, and the green space off the atrium.
- Eighty-six Team Depot volunteers worked more than two days to create some outdoor transformations at VA Butler Healthcare's Community Living Center. Two wheelchair gardens, new Trex furniture, benches, paver-built outdoor grills, planters, outdoor light fixtures, outdoor ceiling fans, plantings and rubber mulch, and a large deck were built or installed.
- With the final phase of CLC construction well underway, the new, finished CLC will soon be home to 60 Veterans, all will have their own private rooms, with Internet access, a study, and a private bath. Stay tuned as we finish up this exciting project for our Veterans in 2014.
VA Butler Healthcare and Housing Authority of Butler County Proposed Enhanced Use Lease (EUL) – Working to Eliminate Veteran Homelessness

- VA Butler Healthcare proposes to offer for Enhanced-Use Lease (EUL), Senior Veteran Permanent Housing development for building 3 (land approximately 2 acres) with the Housing Authority of Butler County for operation of an 18-unit permanent housing program for senior, homeless Veterans

- The proposed project promotes VA involvement in well-being of community while demonstrating sound business practices through conversion of underutilized capital asset and directly addressing a specific strategic goal of VA – Eliminate Veteran Homelessness. The proposed project directly supports VA’s goal to eliminate Veteran homelessness by assisting homeless Veterans and Veterans at risk of homelessness to obtain safe, affordable, permanent housing

Health Care Center (HCC) Moving Forward

- VA’s plans for the Butler HCC include an expansion of Butler’s outpatient services to meet increasing Veteran demand. Lease award is currently anticipated for Spring 2014, with construction completion approximately 31 months later

- This project is for the acquisition of a 168,000 net usable square foot HCC in Butler, Pa. VA’s plans for the Butler HCC continue to include primary care, specialty care, dental, lab, pathology, radiology, mental health, and ancillary and diagnostic services
key measurements

18,860 Veterans served
596 Employees
387 Volunteers
38,576 Volunteer Hours
28,768 Veteran outpatient visits at VA Butler’s Community-Based Outpatient Clinics

Statistics 2013

$85,341,108 Operating Budget

167,456 Outpatient Visits

4,000 Veterans attended outreach events

904 Twitter Follower

785 Facebook Fans

163 Operating Beds

60 Outreach Events
VA Butler Healthcare, located in Butler County, Pennsylvania has been attending to Veteran's total care since 1947. We are the health care choice for over 18,000 Veterans throughout Western Pennsylvania and parts of Ohio and are a member of VA Healthcare VISN 4 under the U.S. Department of Veterans Affairs. VA Butler provides comprehensive Veteran care including primary, specialty and mental health care – as well as management of chronic conditions and social support services for our nation’s finest, America’s Veterans.

The 2013 VA Butler Healthcare Annual Report is published for Veterans, employees, volunteers, and friends of VA Butler Healthcare.

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